

KARATE

nova scotia

2020

Multi-Style Kata Seminar

Kyoshi Tanzadeh 8th Dan

February 22-23, 2020

Saint Mary's University Homburg Centre
920 Tower Road, Halifax, Nova Scotia

Saturday, February 22

10:30 am - 11:30 am: Yellow - Purple (or rank equivalent)

11:30 am - 1:00 pm: Brown - Black

1:00 pm - 2:30 pm - Lunch

2:30 pm - 5:00 pm: Green - Black

Sunday, February 23

9:00 am - 10:00 am: Yellow - Purple (or rank equivalent)

10:00 am - 11:30 am: Brown - Black

11:30 am - 12:45 pm - Lunch

12:45 pm - 3:15 pm: Green - Black

\$20 - 1 Session

\$30 - 1 Day (Saturday or Sunday)

\$40 - 2 Days (Saturday and Sunday)

Team Candidates / Provincial Coaches: Free

Sensei Tanzadeh has extensive background training in multiple styles of karate at all experience levels. This seminar is an excellent opportunity for KNS members to improve their competition or personal kata.

Open to Karate Nova Scotia members
12+ years of age and in good standing.

To register or for further information contact:
David Griffin: d19560809@eastlink.ca or
Shannon Doane: s_doane@yahoo.com

